



SMC
Full Circle Doula
Birth Companion Training

SMC Full Circle Doula Birth Companion Certification Requirements

After a person completes the training, they have 24-months to meet all certification requirements.

Certification Requirements

1. Attend five births (1 Caesarean birth is included in the five births).
Serving as a doula at home births, hospital births, birth centers, and un-assisted births (if un-assisted births is legal in the state) all can be counted toward certification.
2. Attend five postpartum visits preferably on the 3rd day, but within the first week.
Postpartum visits are preferred with original prenatal client, but all documented postpartum visits can be used towards certification.
3. Submit five book reports with 500-600-words. (Explained what the book was about and what you learned from it, regarding birth work/doula work.)
4. Audit 4-hours of a natural childbirth or child birth preparation class or workshop.
5. Audit 2-hours of a breastfeeding/lactation workshop
6. Obtain a CPR Card for adults.
7. Obtain a Food Handlers Card, if required in your state. Call your state public health department to inquire the rules to obtain a food handlers card.
8. Create a Community Resource List with 25 resources. Five can be National Resources. Some examples are: Prenatal yoga classes, midwifery care services, lactation consultant, maternity clothes, housing, a nanny, baby sitter, water birth tub, car seats, domestic violence hot-line, Baby Blues Hotline, play groups, milk banks, baby clothes, dads group, partners group, health insurance options, nutritionist, etc.

The attended labor and birth must be signed off by the client confirming you were in attendance until the birth of the baby.

The postpartum visit form must be signed by the postpartum person.

The audited classes must have the name of the organization, address, website, date attended, and signature of the instructor.

After the requirements have been completed mail your packet to the SMC address. Allow 4-6 weeks for confirmation of the packet and its completion.

If the certification packet is complete you will receive your SMC certification in the mail in 4-6 weeks. If the certification packet is incomplete, you will not be certified and you will receive an email.