



SMC

Full Circle Doula

Birth Companion Training

Certification Book List

The book list has required and additional reading sections. The required reading section includes books that support the SMC FCDBC philosophy, built on the legacy of the 20th Century African American Midwife. At least 3 books must be from the required reading section; you may choose all 5 books from the required reading section.

Required Section

1. Listen to Me Good, Life of an Alabama Midwife by Linda Janet Holmes
2. Carnival of the Spirit, Seasonal Celebrations and Rites of Passage by Luisha Teish
3. The Big Book of Soul: The Ultimate Guide to African American Spirit by Stephanie Rose Bird
4. Folks Do Get Born by Marie Campbell
5. Reaching Out: Prenatal Outreach for Black Women by Shafia M. Monroe
6. Deadly Delivery: The Maternal Health Care Crisis America by Amnesty International
7. Reconceiving Midwifery by Ivy Lynn Bourgealut
8. My Bag Was Always Packed: The Life and Times of a Virginia Midwife by Claudine Curry Smith and Mildred H. B. Roberson
9. The New Jim Crow by Michelle Alexander
10. Beyond the Storm by Gladys Milton with Christine Fulwylie
11. Motherwit by Onnie Lee Logan
12. Why Not Me? The Story of Gladys Milton, Midwife by Gladys Milton & Wendy Bovard
13. Welcoming Spirit Home: Ancient African Teachings to Celebrate Children and Community by Sobonfu Some
14. Granny Midwives and Black Women by Valeria Lee
15. Sister Power by Patricia Reid - Merritt
16. Mama's Little Baby: The Black Woman's Guide to Pregnancy Childbirth, and Baby's First Year by Dennis Brown and Pamela A. Toussaint
17. The Archaeology of Mothering by Laurie A. Wilike
18. Black Women for Beginners by Beverly Hawkins Hall
19. Killing the Black Body by Dorothy Roberts
20. Birthing Justice: Black Women, Pregnancy and Childbirth by Julia Chinyere
21. The Black Woman's Guide to Breastfeeding: The Definitive Guide to Nursing for African-American Mothers by Katherine Barber
22. Free to Breastfeed: Voices of Black Mothers by Jeanine Valrie Logan and Anayah Sangodele-Ayoka
23. Black, Pregnant, and Loving It: The Comprehensive Pregnancy Guide for Today's Woman of Color by Yvette Allen-Campbell and Dr. Suzanne Greenidge-Hewitt
24. Domingos Álvares, African Healing, and The Intellectual History of the Atlantic Work by James H. Sweet
25. Working the Roots: Over 400 Years of Traditional African American Healing by Michele Elizabeth Lee
26. Nurture: A Modern Guide to Pregnancy, Birth, Early Motherhood - and Trusting Yourself and Your Body by Erica Chidi Cohen



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27. Reproductive Justice: An Introduction (Reproductive Justice: A New Vision for the 21st Century) by Loretta Ross
28. A Taste Of Our Own Medicine: 3 Vital Keys To Ending Postnatal Depletion, Nurturing Mothers And Improving Communities by Danette C. Bean, DAAM
29. Revolutionary Mothering: Love on the Front Lines by Alexis Pauline Gumbs (Editor), China Martens (Editor), Mai'a Williams (Editor), Loretta J Ross (Preface)
30. African American Midwifery in the South: Dialogues of Birth, Race, and Memory by Gertrude Jacinta Fraser
31. Boost Your Breast Milk: An All-in-One Guide for Nursing Mothers to Build a Healthy Milk Supply by Alicia C. Simpson
32. Delivered by Midwives: African American Midwifery in the Twentieth-Century South by Jenny M. Luke
33. Radical Reproductive Justice: Foundation, Theory, Practice, Critique by Loretta Ross
34. Battling Over Birth: Black Women and the Maternal Health Crisis by Julia Chinyere Oparah and Helen Arega
35. Conceiving Cuba: Reproduction, Women and the State in the Post-Soviet Era by Elise Andeya
36. A Black Woman's Guide to Homebirth: For Women and Families of Color and the Birth Workers Who Serve Them, Kindle Edition by Brittany Tru Kellman



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Additional Reading Section

1. Essential Exercises for the Childbearing Year by Elizabeth Noble
2. Home Birth in the Hospital by Stacey Marie Kerr, MD
3. The Birth Partner by Penny Simkins (5th Edition)
4. Infusions of Healing: A Treasury of Mexican-American Herbal Remedies by Joie Davidow
5. Healing with Herbs and Rituals: A Mexican Tradition by Eliseo Torres and Timothy L. Sawyer
6. The Doula Guide to Birth by Ananda Lowe and Rachel Zimmerman
7. Ina May's Guide to Breastfeeding by Ina May Gaskin
8. Ending Pain in Pregnancy by Isa Herrea, MSPT, CSCS
9. Rediscovering Birth by Shelia Kitzinger
10. The Big Let Down: How Medicine, Big Business and Feminism Undermines Breastfeeding by Kimberly Seals Allers
11. Natural Pregnancy by Janet Balaskas, Forward by Gayle Peterson
12. Aromatherapy for Pregnancy and Childbirth by Margaret Fawcett RGN RM
13. Dr. Miriam Stoppard's New Pregnancy and Birth Book: The Classic Guide for Parents-to-Be, Revised and Updated by Dr. Miriam Stoppard
14. Wise Woman Herbal for the Childbearing Year by Susun S. Weed
15. The Doula Business Guide by Patty Brennan
16. The Birth Plan by Samsarah Morgan
17. The Essential C-Section Guide by Maureen Connolly
18. Pregnant Butch: Nine Long Months Spent in Drag by A. K. Summers
19. The Doulas: Radical Care for Pregnant People by Mary Mahoney, Laruen Mitchell and Loretta Ross (Introduction)
20. In the Spirit of Homebirth: Modern Women, An Ancient Choice by Bronwyn Preece
21. Birthing From Within: An Extra-Ordinary Guide to Childbirth Preparation by Pam England
22. Survivor Moms: Women's Stories of Birthing, Mothering, and Healing After Sexual Abuse by Mickey Sperlich
23. Cut, Stapled, and Mended: When One Woman Reclaimed her Body and Gave Birth on Her Own Terms After Cesarean by Roanna Rosewood
24. Rad Dad: Dispatches from the Frontiers of Fatherhood by Tomas Moniz
25. Where's the Mother? Stories from a Transgender Dad by Trevor McDonald
26. Revolutionary Mothering: Love on the Front Lines by Alexis Pauline Gumbs and China Martens
27. Natural Health after Birth: The Complete Guide to Postpartum Wellness by Aviva Romm
28. This Isn't What I Expected: Overcoming Postpartum Depression by Karen R. Kleinman and Valerie Davis Raskin
29. Bringing up Bebe: One American Mother Discovers the Wisdom of French Parenting by Pamela Druckerman